Amery Memory Care 215 Birch Street Amery, WI 54001 715-268-4800 Editor: Julie Abitz, LE Coordinator

July and August 2018

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# AMERY NEWSLETTER



AMERY ADMINISTRATION Michelle Mizejewski, Customer Service

It has been a wonderful summer so far, with many sunny days to enjoy!! When visiting loved ones, be sure to take advantage of our beautiful courtyards!

When you leave the facility, be aware of who attempts to leave with you. Ensure the door is closed and locked behind you before you walk away. A sign in/out sheet is located at the front desk for your convenience to allow staff the opportunity to know who is in the building.

If you plan to take a resident out of the facility, we have a form for responsible parties to sign medication out. If able, please call ahead or check in to ensure that the proper medications can be distributed, that would be much appreciated!

Loved ones are able to receive mail that consists of: cards, magazines, and packages. Any other mail will be forwarded to the POA. It is also helpful if POA's are able to forward any financial mail directly to them to ensure you are receiving it sooner.

If your loved one has any appointments, please feel free to contact AMC so I can be sure to add that to our communication and have the paperwork ready to take along.

We do have a cosmetologist, Michelle Coen, on staff scheduled Monday's and Friday's if your loved one would like their hair done (haircuts \$15, wash and sets \$15, and perms \$55). Please contact me if you would like an appointment for them. If you plan to eat a meal with your loved one, we would love to have you! If able, please check in prior to the meal so we can be sure to communicate it to our Nutritional Services Department. The cost to eat at AMC is: Breakfast-\$4.00, Lunch-\$6.00, and Supper-\$5.00.

Families are more than welcome to have birthday parties, holiday parties, etc. We ask that you communicate plans to our Life Enrichment Coordinator, Julie, to be able to coordinate prior planned facility activities. The more the merrier!!

"The most important thing is to enjoy your life—to be happy—it's all that matters." — <u>Audrey Hepburn</u>

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### Environmental Services, Jeff Green, ESC

Just as a reminder, policy for our building states that we are not allowed to utilize extension cords in resident rooms. They may pose as a tripping hazard, but we are able to use multi-plugs. If you have questions regarding the extension cords please contact Jeff Green or Administration. With multiple items plugged in resident rooms, we prefer that residents not keep private refrigerators in their rooms, due to the wattage they draw, they may trip that outlet. We do have the community refrigerators that we monitor, in the dining rooms that residents may keep their special treats and drinks in, where we label and date all items. Finally, as you bring in new articles of clothing for your loved ones, please be sure to label the items with resident names or initials to assist us in keeping those belongings in the correct place.

## NUTRITIONAL SERVICES Jeff Frinack, NSC

"Notes from the Camp Cook"

August is already here and it won't be long until the cool winds of fall will be upon us. With that being said, I think we should celebrate the month with a few special treats. August has a few special and unique "Food Holidays" that we will observe and enjoy.

We have National Raspberry Cream Pie Day, National Watermelon Day, National Chocolate Chip Cookie Day, National S'mores Day, and National Potato Day. There is a "National Mosquito" Day, but I don't have any recipes for that, yet!!!

Just a friendly reminder for residents and families who use the dining room freezers and refrigerators. Please label and date each item. It will help us know who certain items belong to, and also help us ensure that nothing passes an expiration date.

Thank You to all the Kitchen staff, who continue to exceed my expectations. "Good Job".

Thanks, Jeff (aka The Camp Cook)

## LIFE ENRICHMENT Julie Abitz, LEC

Welcome new LE Assistants Stephanie Griffith and LeeAnn Norton to our team. Both bring lots of experience in crafting, baking, sewing and of course dancing.

We could use more volunteers for 1-1 visits (reading, hand massages, taking walks) and card playing (cribbage, 500 and Kings Corner). Please see me if interested in hosting an event such as cooking or crafting. We could always use donations to our very popular bingo as it was requested to have it more often.

Look for the fun pictures we will post on Facebook at Memory Care Partners of our upcoming activities.



# ALZ EVENT PLANNING Amber Harris-Community Relations Coordinator

All are welcome to sign up for the Walk to End Alzheimer's. The walk will be taking place on Saturday, September 22nd, 2018 in Amery. We have a team set up for Amery Memory Care titled Amery Memory Care 'AMC Forget-Me-Nots'. You and your family can join our team, or you can start a team of your own in honor of your loved one. If you would like to walk, please register at act.alz.org. You will need to register under the Western Wisconsin Walk in New Richmond and select "No" to walking at the N.R. Walk.

THANK YOU to all those who attended our Viva Las Vegas Fundraiser on July 13<sup>th</sup>. It was a truly spectacular night and we were able to raise \$4,551 for the Alzheimer's Association. Stay tuned for more fundraising opportunities!



#### **Resident Birthdays:**

8/9 Wes Kemis 8/10 Joann Hennessey 8/11 Joseph "Father" Trinka 8/20 Charlotte Tellijohn 8/21 Patty Hanson 8/30 Bernice Rauterkus 9/5 Chuck Hughes 9/22 Irene Johnson 9/26 Susan Braun 9/18 Dolores "Dorsey" Bos Staff Birthdays in Aug/Sept: Sherry Minor 8/11 Jolynn Hase 8/17 Laura Anderson 8/21 Christina Pruitt 9/1 Erica Rush 9/3 Danny Knutson 9/14 Kaye Weber 9/16 Candace Slater 9/21 Anniversaries June/July Ashley Callin 2 yrs Heather Trzcianko 2 yrs Mallory Pigman 1 yr Michelle Mizejewski 5 yrs Rick Maukstad 2 yrs

#### Welcome New Hires:

Barb Coleman CSR Weekends Regina Strenke - Dietary Aide Mindy Riebe - RCC3 Misty Posey-Nichols - RCC3 LeeAnn Norton- LE Assistant Melissa Hubred - RCC3 Stephanie Griffith - LE Assistant Jeff Green - ESC Joselyn Coronado – Dietary Aide Gabrielle Beede – RCC Kelly Tourville - RCC Mickey Peterson - RCC3 Heather Olson - RCC3 Bobbi McCarty - Cook Jolynn Hase – ES/RCC Dawn Goodman - RCC Isabelle Conley - RCC Taylor Atkins - Dietary Aide

#### You will be missed:

Richard "Dick" Elbor



CPDR duter Dag

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Alz Root beer Float Fundraising with Helen



Fire Hall Visit w/Wes



Fourth of July Fruit Pizza Treat from Juli Swanson

### Employee of the Month for July– Harley Hubbell



Employee of the Month for August – Sharon Wold



.Elvis's number one fan - Evelyn



### UPCOMING EVENTS AUG/SEPT

8/3 Little Falls Music Makers 8/5 Karaoke w/Kar Jackers 8/7 Music with Rich Schroeder 8/8 Music with Lee Elmer and Beth Ray 8/9 Music with Jim Ehlers 8/14 Music with Rick Stener 8/15 Music with Geezers 8/16 Music with Concrete Cowboy 8/17 Music with Relan Grove 8/19 Ugly Dog Therapy 8/21 Music with Phil Kitze 8/24 Music with Jim Armstrong 8/25 Music with John Peters 8/28 Music with Rudy Rudesill 8/31 Music with Nici Peper 9/2 Karaoke with Kar Jackers 9/5 Music with Beth and Lee 9/7 Music with Jim Armstrong 9/11 Music with Craig Draxten 9/13 Music with Johnny Dough 9/14 Music with Rick Lombardo 9/15 Amery Parade 9/19 Music with the Geezers 9/20 Music with Concrete Cowboy 9/21 Music with Relan Grove 9/22 Walk to End Alzheimers 9/25 Ride this Train

9/28 Music with Doug Alt

Check out www.amerymemorycare.com Or Find us on Facebook @memorycarepartners



### We love our residents











