

# Amery Memory Care

A happier life for everyone

January/February 2015



Best Christmas Gift Ever

## Amery Memory Care

When a loved one encounters memory issues, unique challenges arise for the person affected and their family members. We at Amery Memory Care know the emotions they experience and the importance that human kindness plays in helping. We also believe that assuring the resident's personal dignity is the cornerstone of providing care.

## Christmas at AMC

*Thank you to Alice's grandson Jason for filling in at the last minute as Santa and to Danny Knutson as the world's tallest elf. We had so much fun!!!*



Santa had some competition in the belly department



Our sweet Alice



Santa – Let me explain

### Amery Memory Care

215 Birch Street West  
Amery, WI 54001  
[www.amerymemorycare.com](http://www.amerymemorycare.com)

E: [jabitz@amerymemorycare.com](mailto:jabitz@amerymemorycare.com)  
P: 715-268-4800



VFW veteran  
recognition -  
Ozzy

## Volunteer With Us!

The Opportunities are endless:

1:1 visits with Residents

Cribbage

Musical Performances

Decorating

Making Crafts

Storytelling

Game and Card Playing

Pet Therapy

Please contact Julie Abitz at 715-268-4800 or email me at [jabitz@amerymemorycare.com](mailto:jabitz@amerymemorycare.com) if you are interested in volunteering at AMC.



## Shining Star Awards Erin Becker and Taylor Jewell



A job well done! Erin is described as being a great worker, who is willing to help where needed! She has a great attitude.

Taylor is described as being a great worker who is willing to go the extra mile! She is a great addition to the kitchen.



## Quick tips

Helping a person with dementia during a crisis

When you encounter someone showing signs of Alzheimer's disease, he or she may seem disoriented or confused. Because Alzheimer's disease affects the part of the brain where memory is stored, the person may be unable to answer your questions.

When you encounter a person with Dementia:

- Approach from the front.
- Identify yourself and explain why you've approached the person.
- Maintain good eye contact.
- Speak slowly and calmly.
- Loudness can convey anger; do not assume the person is hearing-impaired.
- Use short, simple words.
- Ask "yes" and "no" questions.
- Ask one question at a time, allowing plenty of time for response.
- If necessary, repeat your question using the exact wording. People with dementia may only understand a part of the question at a time.
- Instead of speaking, try non-verbal communication. Prompting with action works well.
- Maintain a calm environment.
- Avoid confrontation.
- Avoid correcting.

## LESS | MORE

TALKING	LISTENING
PLANNING	DOING
SODA	TEA
JUNK FOOD	SALADS
COMPLAINING	ENCOURAGING
WORRYING	HOPING
DOUBTING	BELIEVING
LAZING AROUND	WORKING OUT
FROWNING	SMILING
INSECURITY	TRUST
WEAKNESS	CONFIDENCE
IGNORANCE	UNDERSTANDING
HATE	LOVE
UNGRATEFULNESS	GRATITUDE

Happy New Year  
2015



## Remember these?

We have an old projector that was donated to us. Do any family members have the slide show pictures that we could borrow featuring your loved one and your family/friends? We would love to have a slide show showing the good old days.



*Music and entertainment with Ron Larson,  
provided by Jack Mortel and Family*





## Notes from Dietary

A quick reminder from the kitchen at Amery Memory Care! Please make sure if you are planning on dining with us, call or check in 3 hours prior to meal time so that the kitchen can prepare. We will accept checks made out to Amery Memory Care, no cash please. You are always welcome to bring in your own food as well and dine with your loved ones.

### Meal Prices:

Breakfast - \$4.00 per person

Dinner - \$6.00 per person

Supper - \$5.00 per person

Thank you!

### Resident Birthdays



1/2 Ozzy Larson  
1/15 Ralph Kjeseth  
1/16 Marlys Saad

### Staff Birthdays

1/4 Jodi Reindahl  
1/20 Hope Swagger  
2/1 Tammy Bergstand  
2/2 Sandra John  
2/7 Mary Samson  
2/19 Ashley Galatowitsch  
2/22 Samatha Minor

## January and February Events and Activities

1/5 Polish Poker at Amery Community Center  
1/9 Music with Keven Louden  
1/11 Packers vs. Dallas  
1/14 Drumming with Beth  
1/15 Music with Rich Schroeder  
1/18 Packers vs. Sea Hawks at 2:00 (Fox)  
1/18 Colts vs. Patriots at 5:30 (CBS)  
1/18 Sugar Scrub and manicures with Charlotte  
1/19 Piano with Beth  
1/21 Music with the Geezers  
1/21 Bell Choir practice  
1/22 Piano music with Angela  
1/23 Polka with Jim Armstrong Music  
1/27 Concrete Cowboy  
1/28 Drumming with Beth  
1/29 Music with Manfred from the Pipe Dream Center  
2/1 Super bowl XLIX Party at 5:00 on NBC  
2/13 Indianhead Chorus – Valentines Party  
2/17 Mardi Gras Social Hour  
2/18 Music with the Geezers  
2/20 Music with Kevin Louden - Variety  
2/24 Little Falls Music Makers - Old Time Music  
More February events to be scheduled

### Also welcome new staff:

Beth Ray, LE Assistant  
Shelly Pederson, Cook  
Judith Hoffland, Kitchen Aide  
Jolynn Hase, RCC1

Welcome new Residents  
Nathan Kersting

Promotion to Resident Health  
Coordinator: Sherry Minor

