GO PURPLE for Alzheimer's Tuesday, November 28th



We at Amery Memory Care want to see our community come together and show support of all those suffering from Alzheimer's and their amazing caregivers. GO PURPLE like a WARRIOR!

Please take a picture of you, your family, coworkers, pets, etc. dressed in your purple and share your pic with us!! Your picture will be posted to our Amery Memory Care Facebook Page!! Please send pics to Amber at <u>aharris@amerymemorycare.com</u> or post online using this hashtag:



Join us for a PURPLE PARTY at Amery Memory Care Tuesday, November 28th from 1-3pm



10 Early Signs and Symptoms of Alzheimer's

- 1. Memory loss that disrupts daily life
- 2. Challenges in planning or solving problems
- Difficulty completing familiar tasks at home, at work, or at leisure
- 4. Confusion with time or place
- Trouble understanding visual images and spatial relationships
- 6. New problems with words in speaking or writing
- 7. Misplacing things and losing the ability to retrace steps
- 8. Decreased or poor judgement
- 9. Withdrawal from work or social activities
- 10. Changes in mood and personality

YOU ARE NOT ALONE -

HELP AND SUPPORT IS AVAILABLE

Care and support services are available, making it easier for you and your family to live the best life possible with Alzheimer's or dementia.

24/7 HELPLINE: 800.272.3900